

THE CAVEANT CHRONICLE



March 2009 Issue



Pictured: The new ICT Suite which replaced training room 6.

Congrats!

Congratulations to CPL Lahdan and Walker on their promotions!

Squadron's state of the art ICT Suite

111 Squadron has been going from strength to strength in the last couple of years and have added a lot of new equipment, but this is something else.

The unit has recently added the new I.C.T Suite in room 6 after receiving a grant for £5000.

It consists of 5 new computers and an interactive white board. The end computer connects to the whiteboard so that you can save any information onto your memory stick.

The whiteboard has 4 different pens which have different colours as well as an interactive board

rubber. On a normal whiteboard you might want to write multiple things on the board and will therefore have to rub the original information off, but with this board you can write something on and if you want to open a new slide and write something on that then go back to the old slide, you can at the click of a button. Simple!!

The 5 new computers can be used by the cadets as part of classes and projects and on top of that, there is also a wireless Samsung printer .

The cost of the Whiteboard and the projector comes to around £3000,

so yes it is expensive and no we don't want it broken.

The Squadron has improved a lot of things like projectors, the simulator, the pay phone but this is certainly the best thing this squadron has ever brought in.

So you can see this squadron is well on its way to staying the best squadron in the corps, updating and modernising all the time.

The I.C.T Suite was officially opened on Tuesday 3rd March by the Mayor of Sunderland.

Reported by: CPL Lahdan

Dates for your diary:

13th March 2009
Comic Relief

15th March 2009
Sim Tech Practical Trg

21st-22nd March 2009
Aircrew Weekend

24th March 2009
AEF detail

First Aid frenzy!

On the weekend of the 21st and 22nd February, ten 111 cadets took part in a first aid course at 607 Wear-mouth squadron.

Every cadet, including those from 111, 607, 324, 1114 and 111 DF passed the course.

The course consisted of primary surveys, choking, asthma attack, treating shock, electric shocks, bone, muscle and joint injuries, burns, poisoning, spinal

injury, CPR, allergies,



Miller, Braviner J and Anne at the first aid course!

head injuries, low blood sugar, seizures, hypothermia, heat exhaustion and insect stings and bites.

The test included CPR on a recussi-Annie doll and a casualty with a

cut on the hand or arm who passed out.

Everyone who attended the course had a good laugh while learning new skills.

Anyone wanting to get involved with first aid should see CI Miller.

Reported by: Braviner B & J, Miller & Stridiron

Quite Puzzling!

Can you spot the difference?



Check with Waite/Cooper to see if you got them all!

Tips & Tricks

This month: Beret

Take the beret and place it in warm (not hot!) water.

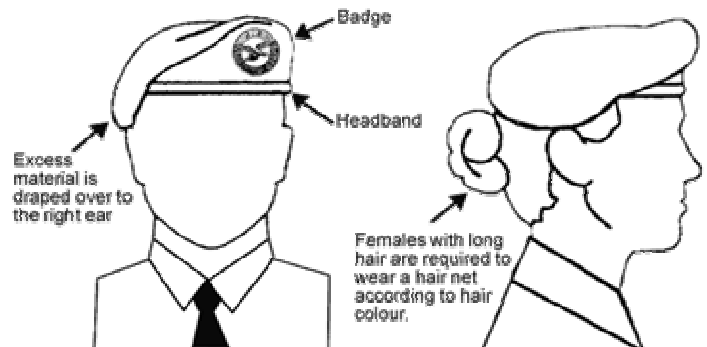
Once you get it soaking wet, put it on and place the ATC badge above the left eye, 25mm above your eye

brow and pull down the excess material down towards your right ear.

Once you've got it all set, wear it for a while until it's almost dry.

Carefully take it off and set it down to dry.

You may need to shape it a few times to get it right.



Tip by Cdt Thirlaway & Fairweather