

THE CAVEANT CHRONICLE



May/June/July 2010 Issue



Pictured: Town Centre celebrations.

Congrats!

Congratulations to cadets who completed a SQN Pre-NCO course!

150 year old cadet?

On the 5th of June, the 111 Squadron band took part in the cadet 150 celebrations in Sunderland City Centre.

The cadets played alongside other cadets from the Army cadet force and the Sea cadets. The band played incredibly well and was a credit to the Squadron's appearance to the general public.

2010 marked the 150th anniversary of cadet activities within the United Kingdom.

There are many youth organisations around the UK but the cadets offer

a unique experience for anyone, no matter what race, religion, gender or orientation.

Air cadets was originally introduced in 1938 and went by the name of 'Air Defence Cadet Corps', it was introduced by Air Commodore Chamier.

Its purpose was to train young people in numerous aviation related skills which would become useful in the RAF or the Fleet Air Arm.

On the day, Cadets played numerous well known songs along with some customised se-

quences to impress the public and help us stand out amongst the other cadet forces present that day.

Cadet Miller said: 'it was exciting, it's good to raise awareness of the Cadet Forces in Sunderland and up and down the country.'

Overall the day was a great success as a parade and the Squadron band performed extremely well. 111 Squadron band hope to perform at other venues and events in the future and they will continue

Reported by: Cdt Stridiron

Dates for your diary:

August 2010

Simulator Training—
Various Dates

3rd, 6th, 10th August
AEF Details

8th August 2010
NCO Training

5th September 2010
Inter Sqn Swimming

The hills are alive with 111 cadets!

Cadets took to hills this week for their Bronze Duke of Edinburgh practice expedition.

The expedition, which involved an overnight stay, allowed the cadets to experience outdoor life as well as bond together as a team.

Even with wet and windy conditions the cadets were still able to complete the expedition with a smile on their faces.

Expeditions are a regular part of the Squadron's training program with



From left to right: Stridiron, Clarke, Meek and Sharif during the walk.

routes lasting for up to three days.

Everyone can get involved even if you already have an award, you don't even need to pay for expensive equipment as the

Squadron has plenty for you to borrow.

Expeditions are good for building self confidence, leadership and communication skills, the fresh air is good for you too!

The Duke of Edinburgh award is a nationally recognized qualification and is available through the Squadron free of charge.

For more information see CI V Miller.

Pre NCO Course

Have you got what it takes?

Eight cadets put their knowledge and skills to the test this month when they participated in the Squadrons second Pre NCO course.

Candidates learnt exactly what was expected of a 111 NCO and what qualities the Commanding Officer was looking for.

Each candidate had a detailed 'one to one'

with course leaders to identify individual development points.

Cadet Cooper, one of the course candidates said: "I feel that the course really helped me understand the NCO role, I also

now have my own set of targets to help me develop."

Watch the interactive notice board for more courses coming soon!



Cadets' skills are put to the test through various initiative exercises.

Tips & Tricks

This month: Leave of Absences

Sometimes you can't attend the unit, it's ok, we understand!

but...

It is important that if you can't make it down that you let us know, you can let us know by:

Phone: 0191 5202763

E-mail: 111atc@tiscali.co.uk

If you have any issues or you feel the Corps is not for you any more, see one of the Cadet Welfare Officers:

CWeO J Yeo

CWeO M Davis

We're here to help!

