

Caveant Chronicle



VR Brings PR Success!



Pictured: CPL Terry setting up the VR Headset for a member of the public. The Virtual Reality Stand in the RAF Village was a huge success at the 29th Sunderland International Airshow!



Congratulations to CPL Strain on achieving the unit's first Cadet One Hundred in five years!

Dates for your diary:

2nd September
AT Challenge

8th-10th September
Kingswood Outdoor

17th September
Battle of Britain Parade

30th Sept -1st October
Expedition

24th October
Halloween Event
Sqn Closed 27-31st Oct

From the 21st to 23rd of July, staff and cadets from 111 Squadron joined forces with 324 (South Shields) Squadron to spread the good word of the Royal Air Force Air Cadets, as well as contributing to local charities by assisting with the SSAFA and RAFA stands at the Sunderland International Airshow!

Cadets rotated through a number of different stations throughout the weekend, including the VR Stand that allowed the public to experience the joys of riding in the cockpit of an F-15 aircraft, all while staying in Seaburn. This all took place next to the Wing Media Stand, which the cadets had been introduced to the week prior.

The team also worked with members of the

Soldiers, Sailors, Airmen and Families Association (SSAFA), a charity that ensures the needs of current and ex-serving personnel and their families are met in an appropriate and timely way. The cadets got involved with fundraising and spreading the word of this amazing charity. The Royal Air Force Association also relied on a team of Sunderland cadets during the weekend, making and selling 'goodie bags' and were commended by current serving airmen for their how polite they were and their confidence when speaking to the public.

Corporal Rebecca Terry, the Squadron Media Communications Officer commented: "The Sunderland International Airshow is a huge event for the city and the

number of people attending only grows every year, so it was important we seized the opportunity to promote the RAFAC this weekend!"

But it wasn't just all work for the cadet team - the position of the RAFAC tent was perfect as the Red Arrows flew directly overhead towards the seafront. It was also a chance for a bit of air recognition as the Battle of Britain Memorial Flight, the Chinook HC2 and so many more displays took place- an Air Cadet would never feel any more at home!

Keep an eye out for more upcoming PR events in the future via the Training Programme!

Article by SGT Atkinson

Inter Flight

Competition

The results for the Inter-Flight Competition in April and May are:

June: **A Flight**

July: **B Flight**

The scores for this year so far are:

A Flight 4

B Flight 3

In the Hot Seat: CWO Giordano

How long have you been a cadet in the Air Training Corps?

Seven years and nine months.

What is your proudest achievement as a cadet?

Developing and training others so that they may be successful in their cadet and military/civilian careers by preparing them for the environments they have yet to encounter; and seeing this take effect in others.

What are your roles/duties on the squadron?

I am the NCO IC, Cadet IC Drill & Discipline, Cadet IC 5S, Aerospace NCO and the Synthetic Aerospace Environment Manager.

My day to day duties involve managing the NCO team to ensure regulations and procedures are followed.



The first "Hot Seat" is tackled by CWO Gianluca Giordano, the squadron's current longest serving cadet!

Off squadron I am a nationally Qualified Aerospace Instructor and a Flight Staff Cadet at 645 Volunteer Gliding Squadron!

What has been your best experience in the corps?

Going solo (Twice!) in fantastic locations too.

Can you give one memorable quote or phrase from your time in the corps that will always stay with you?

"Shy bairns get nowt."

What inspired you to join the corps?

I have always wanted to join the RAF since I was 4 and the ATC seemed like the place to start.

What advice could you give to a new recruit who wants to get the most out of their cadet career?

Say yes to every challenge!

Interview by CPL Terry and CDT Dullroy

A Week of Adventure!

Three cadets from 111 Squadron kicked off their summer holidays with a camp at RAF Coningsby in July!

Over the course of the week, Cadets Bell, Biji and Dullroy took part in activities such as: flying, swimming, sport, high ropes, station and museum visits, fieldcraft, and shooting...just to name a few!

The cadets were first handed the opportunity to fly in the Tutor T1.

Following the first AEF detail of her cadet career, Dullroy commented, "That was the best experience of my entire life!"

Throughout the week, the cadets visited a variety of sections on the base, including the Police department, Air Traffic Control and the Survival Equipment Flight!

The week offered a lot of

museum visits where the cadets got to see historic bomb shelters, uniform, rifles, old diaries and even historic aircraft, such as those that fought in the Battle of Britain.

The camp also gave everyone the change to brush up on their drill and develop some new skills along the way. This improved their self-discipline and communication as a team ahead of the night exercise where cadets learnt to communicate using hand gestures! The communication skills definitely helped on the quiz night, which was a perfect opportunity to relax after a long day!

After the week, Cadet Biji commented "I am tired out, but the week was an amazing experience- I will definitely be signing up for more camps in the future!"

Article by CDT Dullroy

Tips & Tricks

This month: Seizing Opportunity

Ever hear the Cadet NCOs saying "You only get out what you put in" ?

When it comes to what the ATC can offer you, the sky is the limit - quite literally!

You can apply for any upcoming activities through TrgITs via:

General Service Training > Upcoming Activities

Here you will find a list of activities that are available to you. Once you have checked that you are eligible, click on the activity and then "Enrol Me" to sign up!

If you are suddenly unavailable, simply click "Unenrol Me" and your name will be removed.

If you have any questions about what the ATC offers to cadets, just ask an NCO!

Tip by CPL Terry